

PAIGNTON AMATEUR SWIMMING & LIFE SAVING SOCIETY.

(Affiliated to the Western Counties A.S.A., Devon County A.S.A., and Royal Life-saving Society)

CLUB CHAMPIONSHIPS MIDDLE DISTANCE EVENTS 2003.

(UNDER A.S.A. LAWS & A.S.A. TECHNICAL RULES.)

Torbay Leisure Centre,
Paignton.

Wednesday 22nd October, 2003.

Warm Up :- 7.00 P. M.

Start :- 7.15 P. M.

To comply with A.S.A. Laws & "Health & Safety" guidelines only those swimmers who have shown repeated competency in shallow racing dives & HAVE PASSED THEIR COMPETITIVE START AWARD will be allowed to dive in during these championships. To this endeavour, the Club reserves the right to & will stop any competitor from diving in at the start of their races; if there any doubt of their competency to do so safely or they have not passed their competitive start award.

We thank you for your understanding and co-operation.

We would also be grateful if you would ensure that any swimmer who wishes to start in the water due to any uncertainty in their diving skills would inform the marshals whilst being called for their respective events so that this can be arranged for them.

We will Be using the one (1) Start Rule.

Swimmers entered for

EVENT 2 BOYS & GIRLS 200 Metres BACKSTROKE

1.	Claire Brooking	DNF	D.N.S.	u10
2.	Adam Boulton	DNF	3:12.72	1st u14
3.	Matthew Heaselden		3:32.75	2nd u12
4.	Sam Hedges		3:36.30	2nd u12
1.	Jinnie Wilson		3:09.80	1st u14
2.	Rebecca Bolton		3:42.00	1st u16
3.	Charlotte Moss		D.N.S.	u16
4.	Rebecca Webb		D.N.S.	u16
5.	Bethan Cotton		D.N.S.	u16
1.	Andrew Wilson		D.N.S.	OPEN
2.	Oliver Ward		3:01.00	1st u16
3.	Chris Kilpatrick		2:32.17	1st OPEN
4.	Gareth Cowell		2:41.13	3rd OPEN
5.	Philip Giles		2:35.82	2nd OPEN
6.	Mark Wittchell		2:54.65	4th OPEN

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Heats have been pre seeded. I apologise in advance for any mistakes in seeding, if you think this is the case show us you are right in the pool.

All Race results will be undeclared this evening. Results will be posted on the board as soon as possible.

All presentations will be made at the club presentations evening on Sunday 4th January 2004.

Watch the board for details.