

# COVID - Frequently Asked Questions

In order to make the transition back into the pool as smooth as possible, we have compiled the following list to provide you with answers to our most frequently asked questions.

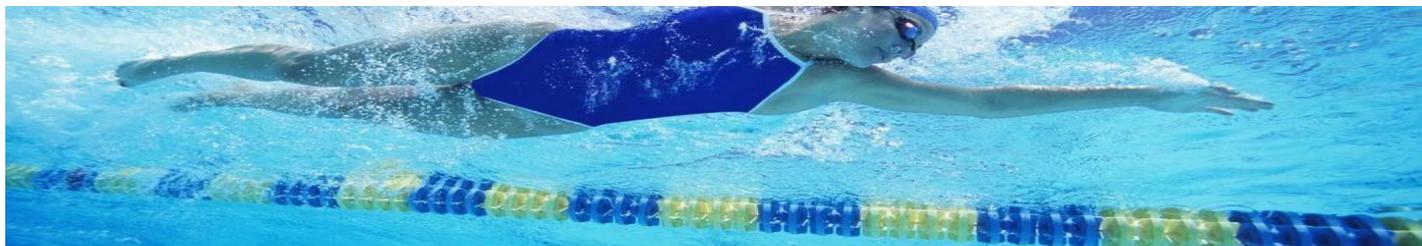
We hope that you all understand that the structure has been introduced to keep everyone safe in the current situation we find ourselves in and to enable us to return to swimming which we have all missed! Whilst it sounds quite rigid, the sessions we have been able to hold for squad swimmers at Bovey Tracey over the summer have allowed us to trial these practices and they have worked really well, with no major issues.



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It will be a new challenge with the younger swimmers, but we know they will do us all proud and make it work.



## Q. When will swimming start again at Paignton Swimming Club?

- A. We have been advised that Clennon Valley pool will reopen on September 1st. We will finish swimming at Bovey Tracey on August 31st.

## Q. What sessions will be running?

- A. The return to swimming timetable for Squad Swimming and Water Polo can be found on our website using the following link:

<http://www.paigntonswimmingclub.org.uk/return-to-swimming-squad-timetable/>

## How will swimmers enter the pool at Clennon Valley?

- A. All swimmers will enter and exit by the fire door at the right-hand side of the building, down the slope towards the field area. **Entry through the main entrance is not permitted for our club sessions.** Parents must not congregate in the overhang outside the fire doors or on the slope down the side and must remain at the top of the slope in a socially distanced manner. Swimmers are to queue on the path side of the slope in a socially distanced manner.

## Q. How will swimmers socially distance when in the pool?

- A. Each swimmer will be given a position to start and end each set. This will be marked on the side of the pool with a cone and will allow swimmers to keep a safe distance apart.

## Q. What additional steps have you put in place?

- A. In addition to the measures taken by the pool, we will have volunteer COVID Liaison Officers from the club who will be on hand to let you know when you can come into the pool. They will also make sure that social distancing is adhered to throughout the session. All persons attending sessions will be temperature checked and have to use hand sanitizer upon entering the building.

## Q. Can I come early to a session?

- A. You won't be allowed on poolside early. You must arrive in good time but only enter the pool when you are asked to do so. A member of the Club will be there to greet you, please do not try to enter before your time slot, remember this is new to all of us and swimmers may be delayed entry, whilst we sort the previous session.

### **Q. What equipment will I need to bring?**

- A. You will be using fins, kickboards, snorkels, finger/hand paddles and pull buoys. Your coach let you know exactly what to bring on a regular basis. Once we are bedded in these will also be posted on our website. Coaching staff will not be allowed to help with the swimmers' hats and goggles, so please ensure that goggles are fitting well and if swimmers need help with hats that these are on before entering the building.

### **Q. Can swimmers borrow equipment?**

- A. The use of the clubs' fins and spare hats and goggles is unfortunately not permitted. All swimmers should bring their own named water bottle and those in Silver Squad and upwards, should bring their own equipment.

### **Q. When will competitions begin again?**

- A. We don't have an exact date for when competitive swimming will begin again, although we do know it will not be until 2021 at the very earliest.

### **Q. What will the changing arrangements be?**

- A. You won't be able to change at the pool. You will need to arrive and leave 'beach ready' (with your swimming costume on). The changing rooms are closed and you must not change on poolside. Please ensure that appropriate bathrobes/changing robes are provided for travelling. Swimmers will be expected to leave swiftly, there will be no changing.

### **Q. Are toilets available?**

- A. Yes - toilets are available for swimmers.

### **Q. Are spectators allowed?**

- A. There will be no spectators permitted on the poolside or in the pool hall/balcony. The cafe in the leisure centre is also closed and parents/carers will not be allowed to wait in the building.

### **Q. Can parents/carers leave the site once swimmers have been dropped off?**

- A. Under Swim England's guidance, parents/carers of children under 10 years must remain within the vicinity of the leisure centre in case of emergencies. This could be in the car park or weather permitting, on the fields behind.

## **Water Polo FAQs**

### **Q. When water polo returns to training, what will the session be like?**

- A. Polo training will now be early on Sunday afternoons. Due to the restrictions around COVID we will be restricted to basic skills work initially, mostly around body shapes, swim skills and getting back some fitness.

### **Q. What about ball work?**

- A. Unfortunately we will be restricted with regard to ball work, with no passing between players. For ball work, players will be given a ball to themselves.

### **Q. When will passing be allowed?**

- A. Hopefully, we'll be able to move toward training in pairs (with some passing), and tactical positioning, in a few months. It will be a while before we are allowed to swim with any physical contact, but we can work on skills and techniques.

## **Still have a question?**

If you are still unable to find the answer you require, please contact us directly via [paigntonswimteam@gmail.com](mailto:paigntonswimteam@gmail.com).