








# Swimming Equipment Information



Item	Description	Recommended Manufacturer/Example	Approximate cost
	Fins	Most training fins are acceptable - Use the swimmers shoe size as a guide.	£15
	Kick Board	Many brands are available - For example <b>Maru</b> or <b>Speedo</b>	£12
	Junior Pull Buoy	Many brands available - for example <b>Maru</b> . Please ensure a junior size is bought as the bigger size is not suitable.	£8
	Ankle Strap / Leg Band	Recommended - <b>Finis</b> .	£4
	Training Snorkel	Recommended - <b>Arena</b> .	Small - £21
	Hand Paddles	Recommended - <b>Finis</b> , without straps and with thumb holes only.	£15
	Finger Paddles	Recommended - <b>Madwave</b>	£4

All equipment needed can be purchased online from **Proswimwear** - Please use the link below as it will direct you to our club page so any orders you make will earn our club **5%** of the total!

<https://www.proswimwear.co.uk/swim-clubs/swim-clubs-p/paignton-swimming-club.html>