**Dinnaton & Devonport Royal Dasher**

Friday 29th, Saturday 30th November & Sunday 1st December 2019

Level 3 short course

Life Centre, Plymouth

|  |  |  |  |
| --- | --- | --- | --- |
| Surname |  | First name |  |
| Date of Birth |  | **Age as at 31st December 19** |  | M / F |  |
| Email |  |
| ASA Registration Number |  |

**Please note**

* Last chance meet for achieving County qualifying times, and for all swimmers age 9 and above.
* Any swimmer who has any times faster than the times set out overleaf will **not** be eligible for entry into that event.
* Please return forms electronically to s.apps@ashfords.co.uk. Or paper copies to Su or Paul Apps (Nathan and Elijah's parents), Jane or Kev.

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Session** | **Male event** | **Entry time** | **Female event** | **Entry time** |
| **1****Friday 29th November****Warm up 7pm** | **800 free** |  | **800 free** |  |
| **1500 free** |  | **1500 free** |  |
| **2.****Saturday 30th November** **Warm up 12.30pm** | **400 free** |  | **400 free** |  |
| **50 free** |  | **50 fly** |  |
| **200 IM** |  | **200 back** |  |
| **100 back** |  | **200 breast** |  |
| **50 breast** |  | **100 free** |  |
| **3.** **Saturday 30th November** **Warm up 4pm** | **100 IM** |  | **100 breast** |  |
| **100 fly** |  | **200 fly** |  |
| **200 free** |  | **50 back** |  |
| **4.****Sunday 1st December****Warm up 11.30am** | **400 IM** |  | **400 IM** |  |
| **50 fly** |  | **50 free** |  |
| **200 back** |  | **200 IM** |  |
| **100 free** |  | **100 back** |  |
| **200 breast** |  | **50 breast** |  |
| **5.****Sunday 1st December****Warm up 3pm** | **100 breast** |  | **100 IM** |  |
| **200 fly** |  | **100 fly** |  |
| **50 back** |  | **200 free** |  |

**Entry Cost: £6.50 per event £9.50 per 800m/1500m**

BACS payments to Paignton ASLSS: A/c No: 00562178; Sort code: 30-96-41 Payee reference: Dasher

|  |  |  |  |
| --- | --- | --- | --- |
| Total No: of Entries |  | Payment Total | £ |
| **Tick to confirm payment has been made by BACS** |  |  |  |
| I declare that the above details are correct.Signature of Parent …………………………………………………. |

**Any swimmer having an entry time faster than any of the**

**upper limit times will not be able to compete in this event.**

