

# Paignton Swimming Club Swimming Times from September 2018

Monday	<b>6.30-7.30pm</b> Performance Squad	<b>7.30pm-8.30pm</b> Competition Squad	<b>8.30pm-9.30pm</b> Water polo
Tuesday	<b>8-9pm at Brixham</b> Electable  <b>No change</b>		
Wed	<b>6.30pm-7.15</b> Learn to compete Development for competition	<b>7.15pm – 8.15pm</b> Competition Squad	<b>8.15pm-9.15pm</b> Performance Squad
Thursday	<b>7-8.30pm</b> Electable <b>Whole pool at Brixham – no change</b>		
Friday	<b>6.30pm-7.30pm</b> Performance Squad	<b>7.30pm-8.30pm</b> Learn to Compete Development for competition	<b>8.30pm-9.30pm</b> Competition Squad Swimfit (1 lane)
	<b>learn to swim in new learner pool area between 6.30 and 9.30pm</b>		
Sat	<b>7.00am-8.00am</b> Performance squad  <b>Alternative Saturday's to go to Kelly College for long course training, 10am-12pm commencing 8/9/18</b>		
Sunday	<b>7.30am-8.30am</b> Development for competition	<b>8.30am-10.00am</b> Competition Squad	<b>5.30pm-7.30pm</b> Water polo